

## Out of town Meetings

SUNDAY 7:30 PM CD

**Serenity Group**, St. Andrews United Church, 291 Plaunt St. S. **Renfrew**

MONDAY 7.00 PM CD

**12 and 12 Group**, Denbigh-Griffith Lions Club, 25991 Hwy 41 **Griffth**

MONDAY 8.00 PM OS

**Gold Bond Group**, Melville United Church, Victoria St, **Eganville**

TUESDAY 7:30 PM CD

**White Lake CD Group**, United Church, **White Lake**

WEDNESDAY 7.00 PM CD

**Primary Purpose Big Book Meeting**, 12 Lake St, **Killaloe**

WEDNESDAY 8.00 PM CD

**Steps & Traditions Group**, Chrysostom Church 295 Albert St, **Arnprior**

THURSDAY 8.00 PM OS

**Way of life Group**, United Church Hall, Main St, **Cobden**

FRIDAY 8.00 PM OS

**Douglas Group**, Bromley Township Hall, 1766 Barr Line Rd, **Cobden**

SATURDAY 7.00 PM OD

**Third Tradition Group**, St Paul Anglican Church Hall, 16 Argyle St N **Renfrew**

SATURDAY 7.30 PM OS

**Calabogie Group**, United Church Hall, **Calabogie**

See maps, directions, info, etc. at:

[www.pembrokeaa.org](http://www.pembrokeaa.org)

## Are you an alcoholic?

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. Do you wish people would mind their own business about your drinking —stop telling you what to do?
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. Have you had to have an eye-opener upon awakening during the past year?
5. Do you envy people who can drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused trouble at home?
8. Do you ever try to get "extra" drinks at a party because you do not get enough?
9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?
10. Have you missed days of work or school because of drinking?
11. Do you have "blackouts"?
12. Have you ever felt that your life would be better if you did not drink?

Meeting list Updated:

**February 12, 2019**

## Alcoholics Anonymous

Area 83, District 74  
Pembroke & area  
**Meetings**

You are not alone.

Pembroke help-line  
**1 (877) 746-7360**



### AA Groups:

Search for Serenity - River Group  
The Hand of AA Group  
Triangle Group - New Hope Group  
Just for Today - Step Sisters Group  
Windsor New Freedom Group  
Centre Group  
Stepping Stones - West End Group  
Beachburg New Freedom Group

## SUNDAY

**11:00 AM Search for Serenity,**  
860 Pembroke St E., Pembroke OD

**7:00 PM West End Group,**  
Holy Name of Jesus Church,  
295 First Ave North, Pembroke CD/WA

**7.30 PM Triangle Group** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa OS

## MONDAY

**8:00 AM. Triangle Group,** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa CD

**6:45 PM New Hope Group,** Pembroke  
Legion, 202 Pembroke St E. Pembroke OD

**7:00 PM The Hand of AA Group,**  
Victoria Hall, 42 Renfrew St.  
Pembroke CD/WA

**7:30 PM. Triangle Group,** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa Lit

**7:00 PM River Group,** Municipal Bldg,  
Pt Alexander CD/WA

## Names & Numbers

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## TUESDAY

**8:00 AM. Triangle Group,** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa CD

**7:30 PM Just for Today Group,**  
St. Timothy's Lutheran Church,  
503 Alfred St, Pembroke OD

**7:30 PM Beachburg New Freedom,**  
Lions Club Hall,  
9 Hannah St., Beachburg CD

## WEDNESDAY

**8:00 AM. Triangle Group,** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa CD

**12:30 Noon Step Sisters  
Women's Recovery Group**  
First Presbyterian Church, 257 Pembroke  
St. W, Pembroke Open/BBS

**6:00 PM. Triangle Group (en francais),** All  
Saints Anglican Church, 1173 Victoria St,  
Petawawa CD

**6:45 PM New Hope Group,** Pembroke  
Legion, 202 Pembroke St E. Pembroke OD

**7:30 PM Triangle Group,** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa CD

## THURSDAY

**8:00 AM. Triangle Group,** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa CD

**7:00 PM The Hand of AA**  
Victoria Hall, 42 Renfrew St., Pembroke  
Beginners Meeting (Downstairs)

## FRIDAY

**8:00 AM. Triangle Group,** All Saints  
Anglican Church, 1173 Victoria St,  
Petawawa CD

**12:00 noon New Hope Group,** Pembroke  
Legion, 202 Pembroke St. E Pembroke OD

**7:00 PM West End Group,**  
Holy Name Church,  
295 First Ave North, Pembroke CD/WA

**7:00 PM River Group,** Municipal Bldg,  
Pt Alexander OS/WA

## SATURDAY

**8:45 AM Windsor New Freedom Group,**  
Carefor MacKay Centre,  
700 MacKay St., Pembroke OD/WA

**7:30 PM Centre Group,**  
First Evangelical Missionary Church,  
39 Shalom St, Pembroke OD/WA

**CD** - Closed discussion   **OD** - Open discussion

**WA** - Wheel chair accessible   **OS** - Open speaker

**Lit** - Literature (12 steps, 12 traditions and Big Book)