

Out of town Meetings

SUNDAY 7:30 PM CD

Sunday Discussion, St. Andrews United Church, 291 Plaunt St. S. **Renfrew**

MONDAY 7.00 PM CD

Bancroft New Hope, Our Lady of Mercy, 196 Bridge St. W **Bancroft**

MONDAY 8.00 PM OS

Gold Bond Group, Melville United Church, Victoria St, **Eganville**

TUESDAY 7:30 PM CD

White Lake CD Group, United Church, **White Lake**

WEDNESDAY (Tues Jan) 7.00 PM CD

Primary Purpose Big Book Meeting, 12 Lake St, **Killaloe**

WEDNESDAY 8.00 PM CD

Steps & Traditions Group, Chrysostom Church 295 Albert St, **Arnprior**

THURSDAY 8.00 PM OS

Way of life Group, United Church Hall, Main St, **Cobden**

FRIDAY 8.00 PM OS

Douglas Group, Bromley Township Hall, 1766 Barr Line Rd, **Cobden**

SATURDAY 10:30 AM CD W

Living in the Solution, Trinity St Andrews, 291 Plaunt St **Renfrew**

SATURDAY 7.30 PM OS

Calabogie Group, United Church Hall, **Calabogie**

See maps, directions, info, etc. at:

www.pembrokeaa.org

Are you an alcoholic?

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. Do you wish people would mind their own business about your drinking —stop telling you what to do?
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. Have you had to have an eye-opener upon awakening during the past year?
5. Do you envy people who can drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused trouble at home?
8. Do you ever try to get "extra" drinks at a party because you do not get enough?
9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?
10. Have you missed days of work or school because of drinking?
11. Do you have "blackouts"?
12. Have you ever felt that your life would be better if you did not drink?

Meeting list Updated:

January 18, 2020

Alcoholics Anonymous

Area 83, District 74
Pembroke & area
Meetings

You are not alone.

Pembroke help-line
1 (877) 746-7360



AA Groups:

Search for Serenity - River Group
The Hand of AA Group
Triangle Group - New Hope Group
Just for Today - Step Sisters Group
Centre Group - West End Group
Windsor New Freedom Group
Beachburg New Freedom Group

SUNDAY

11:00 AM Search for Serenity,
860 Pembroke St E., Pembroke OD

7:00 PM West End Group,
Holy Name of Jesus Church,
295 First Ave North, Pembroke CD/WA

7.30 PM Triangle Group All Saints
Anglican Church, 1173 Victoria St,
Petawawa OS

MONDAY

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa CD

12:00 PM St. John's Lutheran,
357 Miller St.
Pembroke OD/WA

7:00 PM River Group, Municipal Bldg,
Pt Alexander CD/WA

7:00 PM The Hand of AA Group,
Victoria Hall, 42 Renfrew St.
Pembroke CD/WA

7:30 PM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa Lit

Names & Numbers

TUESDAY

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa CD

7:00 PM Just for Today Group,
St. Timothy's Lutheran Church,
503 Alfred St, Pembroke OD

7:00 PM Joe & Charley Big Book
St. Francis Chapel, 104 Festubert,
Petawawa ON Newcomers

7:30 PM Beachburg New Freedom,
Lions Club Hall,
9 Hannah St., Beachburg CD

WEDNESDAY

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa CD

12:00 Noon Step Sisters
Women's Recovery Group
First Presbyterian Church, 257 Pembroke
St. W, Pembroke Open/BBS

6:00 PM. Triangle Group (en francais), All
Saints Anglican Church, 1173 Victoria St,
Petawawa CD

6:45 PM New Hope Group, Pembroke
Legion, 202 Pembroke St E. Pembroke OD

7:30 PM Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa CD

THURSDAY

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa CD

7:00 PM The Hand of AA
Victoria Hall, 42 Renfrew St., Pembroke
Beginners Meeting (Downstairs)

FRIDAY

8:00 AM. Triangle Group, All Saints
Anglican Church, 1173 Victoria St,
Petawawa CD

12:00 noon New Hope Group, Pembroke
Legion, 202 Pembroke St. E Pembroke OD

7:00 PM West End Group,
Holy Name Church,
295 First Ave North, Pembroke CD/WA

7:00 PM River Group, Municipal Bldg,
Pt Alexander OS/WA

8:00 PM Petawawa Friday Open,
Civic Centre Lounge
Petawawa BB/WA

SATURDAY

8:45 AM Windsor New Freedom Group,
Carefor MacKay Centre,
700 MacKay St., Pembroke OD/WA

7:30 PM Centre Group,
First Evangelical Missionary Church,
39 Shalom St, Pembroke OD/WA

CD - Closed discussion **OD** - Open discussion
WA - Wheel chair accessible **OS** - Open speaker
Lit - Literature (12 steps, 12 traditions and Big Book)