

Alcoholics Anonymous

District 74 - Pembroke & Area

Area 83, Eastern Ontario International

Operating Procedures

Revision 7

Effective 2026-Feb-28

DISTRICT 74 - PEMBROKE & AREA - OPERATING PROCEDURES

The purpose of these Operating Procedures is to provide for the continuing successful operation of the united effort of groups in District 74 of Alcoholics Anonymous (AA). There are no rules in AA. These Operating Procedures set out what the groups have agreed upon, not what anyone has commanded them to do. All provisions of these Operating Procedures and all actions by District 74 ought to conform to the principles of the Twelve Traditions and adhere strictly to the primary purpose of Alcoholics Anonymous:

“TO CARRY THE MESSAGE TO THE ALCOHOLIC WHO STILL SUFFERS.”

1. DEFINITIONS

- a. Officials elected to the positions of District Committee Member, Alternate District Committee Member, Secretary/Registrar and Treasurer are known as District Officers.
- b. Officials elected to represent their group are known as General Service Representatives (GSR). They are the group’s link to the General Service Conference.
- c. Officials elected to head committees are known as District Chairs.

All District 74 elected positions, with the exception of the Events Chair, are elected for a two-year commitment.

2. COMPOSITION OF DISTRICT 74 SERVICE COMMITTEE

2.01 DISTRICT COMMITTEE MEMBER (DCM) (DISTRICT OFFICER)

Duties & Responsibilities:

- As indicated in the Service Manual
- Represent District 74 at Area Assemblies and Area meetings

Suggested qualifications:

- Five (5) years continuous sobriety
- Background in AA service at the District level
- Two (2) years of experience as GSR

2.02 ALTERNATE DISTRICT COMMITTEE MEMBER (ALT. DCM) (DISTRICT OFFICER)

Duties & Responsibilities:

- As indicated in the Service Manual under “DCM”
- Act as DCM in the absence of the DCM
- If the DCM and ADCM are both absent, a District Officer assumes the role of DCM

Suggested qualifications:

- Three (3) years continuous sobriety
- Background in AA service work at the District level

- Two (2) years of experience as GSR

2.03 SECRETARY/REGISTRAR

(DISTRICT OFFICER)

Duties & Responsibilities of the Secretary:

- As indicated in the Service Manual
- Keep 24 months of previous minutes on hand
- Ensure all GSRs and District Officers have a copy of these Operating Procedures
- Ensure that minutes from the monthly District meeting are prepared and distributed to the District Officers, District Chairs and GSRs in a timely fashion to allow the GSRs to share the District activity at the groups' business meetings.
- If the Secretary is absent from a District meeting, those present elect a District Officer, Committee Chair, or GSR to serve as secretary for that meeting only.

Duties & Responsibilities of the Registrar:

- As indicated in the Service Manual
- Maintain a record of the groups in District 74, including the group name, meeting location, meeting time, and GSR or group contact information
- Maintain a contact information list for the GSRs, District Officers, and District Chairs, including the name, phone number, email address

Suggested qualifications:

- Two (2) years continuous sobriety

2.04 TREASURER

(DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in the Service Manual
- Administer funds to cover expenses incurred by District 74

Suggested qualifications:

- Four (4) years of continuous sobriety
- Some bookkeeping knowledge

2.05 WEBMASTER

(DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in *AA Guidelines on Internet (MG-18)*

Suggested qualifications:

- Two (2) years of continuous sobriety
- Working knowledge of web administration and maintenance (HTML, PHP, CSS, Dreamweaver or another Web development platform)

2.06 HELP LINE CHAIR

(DISTRICT CHAIR)

Duties & Responsibilities:

- Manage the online system that operates the Help Line

- Monitor and report on Help Line use and outcomes
- Investigate and resolve issues with the online system

Suggested qualifications:

- Five (5) years continuous sobriety
- Background in AA service
- Two (2) years experience at the District Table
- Ability to assemble and guide a team of volunteers
- Working knowledge of maintenance of online systems
- Previous experience as a volunteer with the Help Line

2.07 HELP LINE VOLUNTEER

(DISTRICT VOLUNTEER)

Duties & Responsibilities:

- Answer calls from the Help Line
- As the first point of contact, assess the needs of the caller and make arrangements, case-by-case

Suggested qualifications:

- Three (3) years continuous sobriety
- Background in AA service
- Familiarity with meetings offered in District 74
- Availability to respond to calls from the Help Line

2.08 EVENTS CHAIR

(DISTRICT CHAIR)

Duties & Responsibilities:

- Propose for review and approval by the district table, a theme and structure for the Spring Conference and other District 74 events
- Assemble and lead a committee of volunteers in planning, organizing, and holding District 74 events

Suggested qualifications:

- Three (3) years of continuous sobriety
- Organization skills and ability to assemble and lead a working committee

2.09 GRAPEVINE CHAIR

(DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in *AA Guidelines on Literature Committees (MG-09)*

Suggested qualifications:

- One (1) year of continuous sobriety

2.10 PUBLIC INFORMATION (PI) CHAIR

(DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in the *Public Information Workbook* (M-27I) and *AA Guidelines on Public Information* (MG-07)

Suggested qualifications:

- Two (2) years of continuous sobriety

2.11 COOPERATION WITH THE PROFESSIONAL COMMUNITY (CPC) CHAIR (DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in the *AA Guidelines on Cooperation with the Professional Community* (MG-11) and *Cooperation with the Professional Community Workbook* (M-41I)

Suggested qualifications:

- Two (2) years of continuous sobriety

Note: At the October 2020 District 74 monthly meeting, it was voted on and carried to combine PI Chair and the CPC Chair under PI/CPC Chair.

2.12 TREATMENT FACILITIES CHAIR (DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in *Treatment Committee Workbook, Guidelines for hospitals, treatment centers and jails* (M-40)
- Handle Bridging-the-Gap requests

Suggested qualifications:

- Two (2) years of continuous sobriety

2.13 ARCHIVES CHAIR (DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in *Archives Workbook* (M-44i)
- The archives are co-located in Pembroke at Our Lady of Lourdes Church

Suggested qualifications:

- Two (2) years of continuous sobriety
- Previous AA service experience

Note: As of the July 2021 District 74 monthly meeting, an Archives Chair is elected to serve District 74. Previously, one Archives Chair was jointly appointed by Districts 70 and 74.

2.14 SELF-SUPPORT CHAIR (DISTRICT CHAIR)

Duties & Responsibilities:

- As indicated in *Self-Support: Where Money and Spirituality Mix* (F-3)

Suggested qualifications:

- One (1) year of continuous sobriety

2.15 ALT WEBMASTER

Duties & Responsibilities :

- Assisting the Webmaster with all duties related to web administration
- Stepping in as Webmaster when the primary Webmaster is unavailable
- Supporting the maintenance and development of the District website

Suggested Qualifications :

- Familiarity with web technologies such as HTML, PHP, CSS, and web development platforms like Dreamweaver (or similar)
- A willingness to serve and follow the principles outlined in AA Guidelines on the Internet(MG-18)
- Suggested 1 year continuous sobriety

2. GENERAL SERVICE REPRESENTATIVES

(GSR)

One GSR to be elected by each individual group, for a term determined by the group.

Duties & Responsibilities:

- As indicated in *GSR May Be the Most Important Job in AA (P-19)*, GSR Kit

Suggested qualifications:

- As determined by group autonomy

3. VOTING PRIVILEGES AND PROCEDURES

- **On matters representing the groups' input and direction to GSO, each group in the district has one vote.**

A group's vote may be cast by the GSR, Alt. GSR, or a group member delegated by the GSR; delegates are requested to identify themselves to the Chairperson at the start of the District meeting. If none is present, a District Officer or District Chair may cast the vote on behalf of their group.

When two or more members of a group are present, eligibility to vote for the group is determined as outlined below. Once a group member is eligible, the other group members are not eligible.

- a) If the group's GSR is present, the GSR is eligible to vote.
- b) If the group's GSR is absent, the Alt. GSR is eligible to vote.
- c) If the group's GSR and Alt. GSR are absent, a group member delegated by the GSR is eligible to vote.
- d) In the absence of a GSR, Alt. GSR or delegated group member, a group member who is a District Officer (excluding the Chairperson) is eligible to vote.
- e) A District Chair is eligible to vote on behalf of their group if no other member of that group is present.

In the event of a tie, the Chairperson casts the deciding vote.

- **On matters representing the District's administration of its own meetings and of District 74 activities, everyone at the District Table is eligible to vote.**

In other words:

- a) Each group’s GSR, Alt. GSR, or delegated representative is eligible to vote.
- b) District Officers (excluding the Chairperson) are eligible to vote.
- c) District Chairs are eligible to vote.
- d) The Chairperson casts the deciding vote in the event of a tie.

➤ **Decisions on Motions:**

Motions are decided by the Group Conscience of those eligible to vote, by simple majority exception for those motions requiring a two-thirds majority by *Robert’s Rules* (summarized at www.jimslaughter.com). Motions are recorded by the Secretary as carried or defeated.

➤ **Minority Opinion:**

A.A. has always protected the voice and opinion of the minority. After a vote, unless the voting is unanimous, the Chairperson asks minority voters if they wish to explain their position. If, after the minority has spoken, someone from the majority wishes to change their vote, that person can make a motion to reconsider. If that motion is seconded and carried by a simple majority, the discussion begins again on the original motion.

➤ **Calling the Question:**

During discussion on a motion, a member, once recognized by the DCM, may move to “call the question”. This is a motion to end the discussion and move to the vote. This motion must be seconded, is not debatable, and requires a two-third majority to be carried. If it is carried, the Chairperson calls for a vote. This privilege should not be used too often or too early – many good points and opinions come out in any discussion, and some voices will not be heard if discussion is prematurely cut off. The Chairperson can intervene, at their discretion, if they deem that the privilege is being used too often or too early.

4. ELECTIONS

4.01 BI-ANNUAL ELECTIONS:

Elections for all District Officers and Committee Chairs to be held at the November District Meeting of the EVEN year. The following Trusted Servants are elected for a two-year term that begins the following January. The order of elections is as follows:

District Committee Member

Alternate District Committee Member

Treasurer

Secretary/Registrar

Public Information/Cooperation with the Professional Community Chair

Treatment Facilities Chair

Grapevine Chair

Helpline Chair

Webmaster Chair
Archives Chair
Self-Support Chair
Alt Webmaster

Note: As of the October, 19, 2024 2024 District 74 voted to elect all trusted servants (except Events Chair) on the even years, for a two-year term, that commences on January of the following year.

4.02 ANNUAL ELECTIONS:

Election for the Events Chair will occur every year at the November District meeting.

4.03 ELIGIBILITY:

First: Elected members of the outgoing District Committee (see [1. OF DISTRICT 74 SERVICE COMMITTEE](#)). If no one is prepared to stand, then **Second:** Elected members of the immediate past District Committee. If there is no one prepared to stand, then **Third:** Nominations from the floor.

A vacant position can be filled by nomination and acclamation after one month if uncontested. If the nomination is contested, then elections are held at that meeting. Nominees must be present at the time of elections.

For details on conducting elections, refer to District 74's elections procedure in [Appendix A](#).

5. FINANCIAL PROCEDURE

District 74 has adopted the following financial procedure in order to support the various functions it wishes to perform throughout the year:

Cheques issued by the District require the signature of two (2) out of three (3) signing officers: Treasurer, DCM, and Alt. DCM.

Cheques received by the District must be addressed to *Alcoholics Anonymous District 74*.

District expenses are pre-approved at a monthly District meeting. Expenses that were not pre-approved may be presented at the next District meeting, however, approval is not guaranteed.

Financial statements to be produced are:

- a) Monthly statements of revenue, expenses, and bank balance; and
- b) Yearly contributions of groups.

6. ELIGIBILITY OF EXPENSES

Expenses incurred by the DCM for the purpose of attending Eastern Ontario International - Area 83 Assemblies or meetings are eligible for reimbursement by the District Treasurer. The DCM

provides a written report to the District Table at the next scheduled monthly meeting. When attending the Assembly at the District's expense, the DCM is required to attend the business functions of the Assembly on Sunday.

Expenses incurred by GSRs for the purpose of attending Area Assemblies, Area Committee Meetings, Conferences, and so on are the responsibility of their respective group conscience.

7. PRUDENT RESERVE (District & Conference)

The District 74 prudent reserve is an amount of money set aside to meet our District's operational expenses for 6 months in the event that contributions decrease or stop. The District 74 prudent reserve is to be no less than \$2500.00. Of this amount, a prudent reserve of no less than \$1000 is to be set aside for the conference. The prudent reserve is clearly defined in the Treasurer's report.

Note: As of February 28th, 2026 District 74 voted to decrease the conference budget from \$1500 to \$1000.

8. MEETINGS and ATTENDANCE

The District meets at least once a month, on the third Saturday of the month. In courtesy, the Chairperson should introduce any visitors and briefly discuss the agenda. Special meetings may be called by the Chairperson in the event of an emergency, or at the request of two-thirds of the District Table (GSRs, District Officers, and District Chairs); such a request will be submitted in writing to the Secretary at least 48 hours before the meeting time requested.

A GSR, District Officer, or District Chair who is absent for three (3) or more consecutive District meetings will be contacted by the DCM to see if they are still able to fulfill their role and have an interest in service work at the District level.

Any member of Alcoholics Anonymous is welcome to attend the monthly District business meeting as a visitor. When a GSR is unable to attend, the GSR makes arrangements for a representative of their group to attend, whenever possible. Any member may represent their group when their GSR or Alt-GSR is absent, provided they identify themselves to the Chairperson as their group's representative for that meeting.

Matters regarding District 74 are discussed at District and, whenever possible, taken back to the groups.

District correspondence is to all GSRs, District Officers, and District Chairs.

In the event that a District Officer OR District Chair leaves their position before their term is over, an eligible volunteer can be appointed immediately, on an acting basis, until the position is filled by acclamation or election.

9. MEETING CONDUCT

Rules of Order, adapted from *Robert's Rules of Order*
(Source: District 10 Operating Guidelines, November 2014)

The DCM, or, in their absence, the Alt. DCM or, in the absence of both, the Secretary is the Chairperson of the meeting, calling order and being responsible for following the agenda.

Following each presentation on the agenda, the Chairperson opens the forum for questions by officially asking if there are comments or questions.

In order to obtain the floor, those wishing to comment or ask a question are to make it known to the Chairperson by raising their hands. The Chairperson maintains a list of those wishing to speak.

The Chairperson systematically calls out the names on the list in the order that they were recorded. The person then asks their question, directing their question to the Chairperson. The presenter then answers the question directing their answer to the Chairperson. Only one person is to have the floor at a time. Others are not to speak until the Chairperson recognizes them to do so.

No member may speak twice on the same issue until all others wishing to speak have had their turn. It is the Chairperson's responsibility to ensure that this occurs.

All comments are to be courteous in language and decorum, never personalized but rather relating to concerns of the subject under discussion.

It is the Chairperson's responsibility to maintain order and to intervene with a point of order statement when these rules are not respected.

10. MEETING LISTS

A District-approved meeting list is available on our web site www.pembrokeaa.org for anyone to print. This meeting list is not to be altered by users. It is updated monthly based on the information provided to the Webmaster, unless the changes are extraordinary in number. Anyone who is unable to print the meeting list should contact the Public Information Chair.

11. AMENDMENTS TO THESE PROCEDURES

Any District Officer, District Chair, or GSR who has secured approval from their group may propose an amendment or revision of these procedures. The proposed amendment or revision should be submitted to the District Secretary in writing, 30 days before the District meeting when the proposal is to be discussed.

APPENDIX A: DISTRICT 74 ELECTION PROCEDURES (October 2024)

The purpose of this procedure is to describe the election process for the District Committee Officers and Chairs of District 74.

The goal of this procedure is:

1. To provide a written guideline to those supervising the election process.
2. To ensure that the election of District Officers is carried out on a consistent basis from term to term.
3. To eliminate the possibility of complaints or challenges from the District about conflicts of interest or improprieties in the election process.
4. Elections of District Officers and Chairs are intended to be in November of even year, except the Events Chair is elected every year in November.

This guideline is intended as a reference only, and does not, in any way, supersede the District's Operating Procedures. Acceptance of this process is a matter of the District's group conscience.

Prior to the Election, the DCM will provide to the Election Facilitator, List 1 and List 2.

List 1: The outgoing District Committee including District Officers, District Chairs and GSRs. **List 2:** The immediate past District Committee, including District Officers, District Chairs and GSRs from the previous panel term.

District Officers in Order of Election

District Committee Member
Alternate District Committee Member
Treasurer
Secretary/Registrar
Public Information/Cooperation with the Professional Community Chair
Treatment Facilities Chair
Grapevine Chair
Helpline Chair
Webmaster Chair
Archives Chair
Events Chair
Self-Support Chair
Alt Webmaster

Since the current District Committee is eligible to stand for election to positions in the new term, they cannot, in any way, be associated with the running of the election. The District Committee Member shall ask a member who has experience in service work to facilitate the election, preferably someone outside of District 74.

1. A motion is passed to decide if the election will be by simple majority or Third Legacy procedure (2/3 majority).

Simple Majority

2. Ballot counters will be needed. They are to be members who do not have a vote and are not standing for a position.
3. The Secretary is asked how many votes there are from the attendance sheet.
4. The Election Chair proceeds to read the names on List 1, to ask for Nominations for each position (one at a time) in the order they are listed above. When nominations for each position end, then each person is asked if they are willing to stand. Each candidate shall give a brief verbal resume.
5. Where there is only one person for a position that person is acclaimed.
6. When the election process has ended a motion is made to destroy the ballots.

Third Legacy

If the Third Legacy Procedure is decided upon for the election, then the Eastern Ontario International Area 83 Election Procedures process or the Service Manual of Alcoholics Anonymous could be used.

The District Operating Procedures state that nominations for District positions should come from the members of the outgoing District Table first, and then from the floor.

ALWAYS REMEMBER THE SPIRIT OF ROTATION

ELECTION GUIDELINES

1. Call for a motion from the floor to use the 3rd Legacy procedure. If this motion is defeated then simple majority will be used.
2. Facilitator reads from List 1, all of the names of the outgoing elected Committee. Each will be asked if they are willing to stand for the position.
3. Call for nominations from the floor one position at a time usually starting with the DCM's position. Nominations do not need a seconder but members nominated are asked if they are willing to stand.
4. If there is only one, that person is automatically elected by acclamation.
5. If there should be no one prepared to stand from the outgoing Committee, the list of names from List 2, the previous elected Committee shall be read and asked if they wish to stand.
6. If there is still no one, nominations from the floor shall be requested.
7. If there are two or more nominees, Third Legacy procedure shall be followed until one person is declared elected.
8. Ask the Table if a show of hands or written ballot is preferred for voting purposes.
9. **After the vote is tallied and simple majority is used**, if one (1) member has one (1) vote more than 50% of votes that person is elected. If there is a tie, then a motion from the floor will be called to go to the hat. If the motion is defeated, then there will be another vote.
After the vote is tallied and 3rd Legacy is used, if one (1) member has two thirds of the total votes cast, that person will be elected. If there is no member that has two thirds of the votes, all names stay in and there is another vote. If the second vote gives one (1) person

two thirds of the votes, that person gets elected. If there is still no one with two-thirds of the votes, and there are more than two (2) people running, only the candidates with at least one fifth of the votes will remain in the election. If after the third vote one (1) member has two thirds of the vote, that member will be elected. If after the third vote no member has been elected and there are more than two (2) members remaining, only the candidates with at least one-third of the votes will remain. After the fourth vote if no member has two-thirds of the vote then there will be a call for a motion from the floor to go to the hat. If that motion is defeated there will be a fifth vote. If no member has two-thirds of the vote after the fifth vote, then we go to the hat. If there are only two (2) members running for a position, neither gets removed from the vote.

10. If no member is willing to stand for any position, that position should stay open and the GSRs report back to the groups the vacancies that need to be filled for the upcoming term.
11. Members should be present or at least have a written statement saying they are willing to stand for specific position(s) to which they might be nominated.
12. Ask for a motion from the floor to accept these guidelines.

APPENDIX B: AA GROUPS IN DISTRICT 74

At the time this document is approved, the following groups are part of District 74:

Group Name	Service #
The Hand of AA	000078483
Happy Destiny	000250764
Language of The Heart	000366310
Light of Life Group	000475324
New Hope	000032800
Pembroke Centre Group	000048375
Petawawa Triangle Group	000048833
River Group	000057781
Step Sisters	000080272
West End Group	000030698
Windsor-New Freedom	000034210

Each group, new or old, should adhere to Tradition IV by presenting any new AA meeting being proposed to the District Table for review. Groups should be in operation for a minimum of six (6) months before registering with GSO. A representative from a proposed new group should attend District meetings during this qualifying period.